

COVID-19 Resident & Fellow Travel Framework

For each international site, we recommend reviewing the overall risks/benefits as well as the potential burden of hosting a trainee during a pandemic in resource-limited areas.

1. Review the [CDC COVID-19 Country Specific Travel Recommendations](#):
 - a. **CDC COVID-19 Level 4:**
 - i. Approval may be granted by the Global Health Program and GME based on the specific conditions at the site.
 - b. CDC COVID-19 Levels 1-3: Recommend that an additional safety plan should be in place that includes the following:
 - i. Confirmation of travel and emergency evacuation insurance through [UC Travel](#)
 - ii. Confirm borders are open at the time of application and consider postponing travel if borders have been closed within the 12 weeks prior to planned departure
 - iii. Describe the plan for COVID-19 related quarantine/isolation should this be required while abroad:
 1. Location where quarantine/isolation may be possible
 2. Emergency contact information for individual in-country who can assist with quarantine/isolation needs (e.g. securing food and other essentials)
 3. Funding (e.g. who will be responsible for costs of quarantine/isolation which may include additional housing costs and change fees for airline tickets)
 - iv. Confirm nearest in-country healthcare facility for COVID-19 testing/treatment
 - c. The above CDC COVID-19 country specific risk level should be reviewed at the time of application submission. The risk level and safety plan should be re-assessed *2-4 weeks* prior to departure. Increases in risk and/or an inability to abide by the safety plan due to changes in local circumstances will warrant cancellation of the elective rotation.
2. Review country specific quarantine guidelines and potential impact on travel times with your residency or fellowship Program/Fellowship Director.
 - a. Program/Fellowship Directors should be aware that trainees may be delayed in return to duty if they test positive at the international site and are required to isolate before travel back to the U.S.
3. All trainees requesting travel should be fully vaccinated against COVID-19. Trainees are advised to travel with both physical and digital copies of their vaccination record.
4. Consider purchasing refundable tickets in the event travel needs to be canceled. We strongly recommend purchasing airline tickets via UC Travel, which automatically enrolls the traveler into the UC Travel Insurance Program and allows for funds to be credited or reimbursed to the fund used for purchase.

Residents are responsible for providing the above information to their Program/Fellowship Directors. For questions and assistance please contact GHP: GMEGlobalHealthApp@mednet.ucla.edu